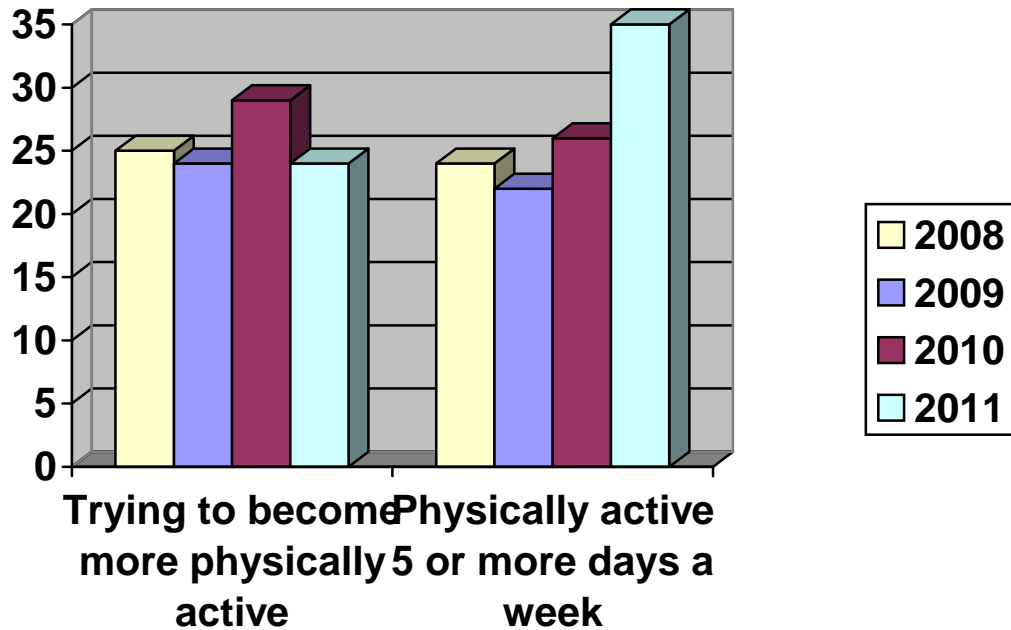
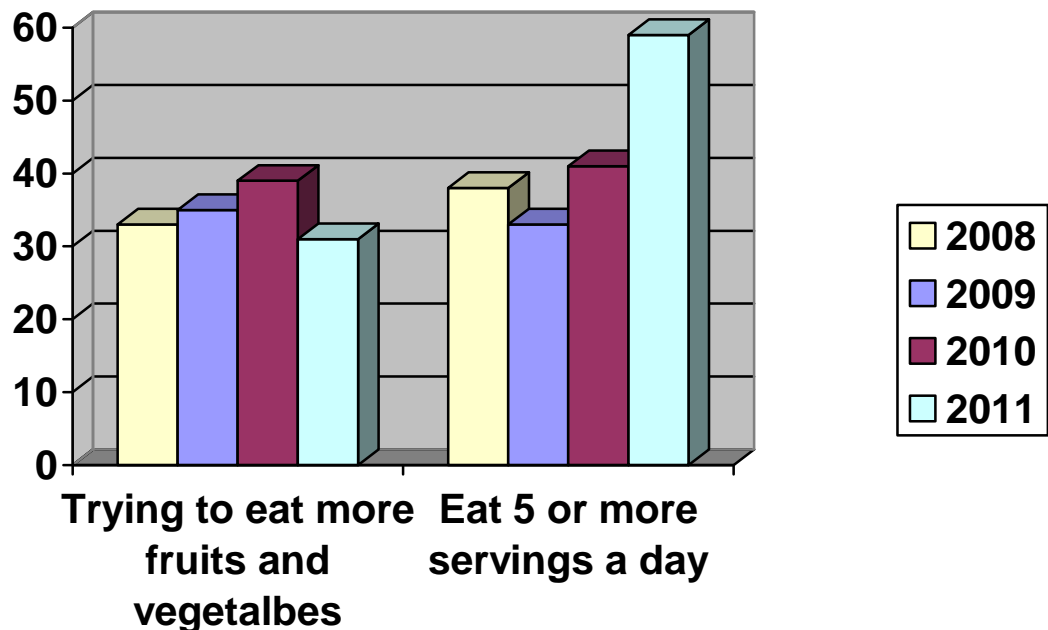


Be Well Survey* Wellness Behaviors 2008 – 2011

Which of the following best describes your physical activity level?



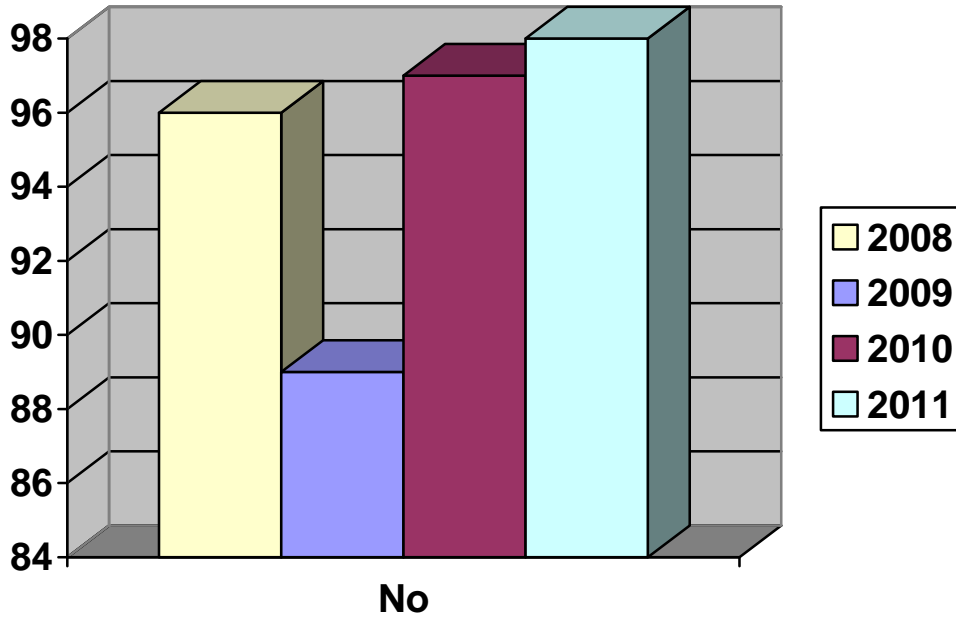
In a typical day, would you say that you eat 5 or more servings of fruits & vegetables?



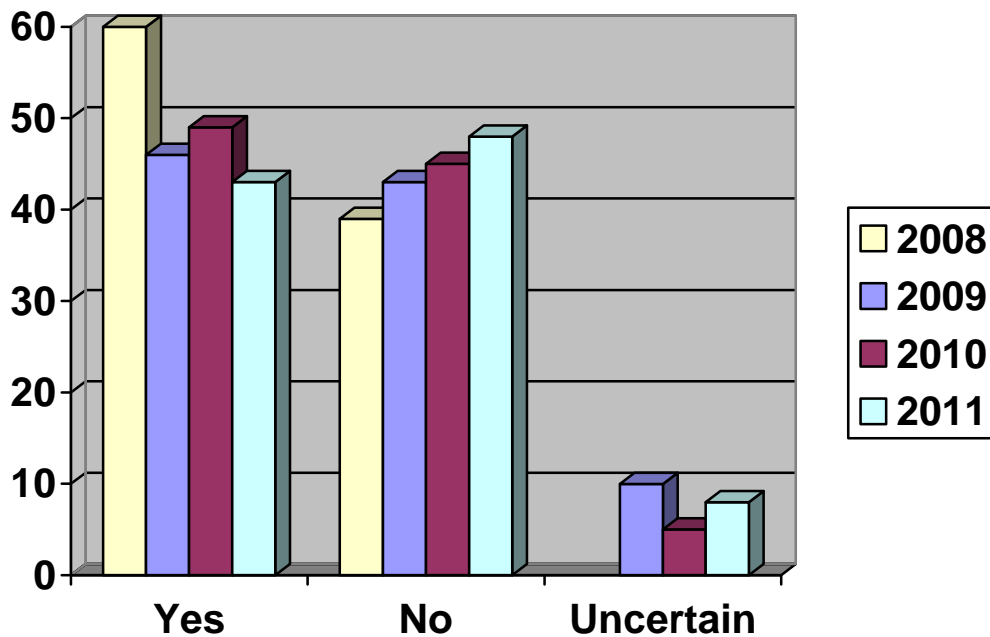
* Mid-size public sector employer in the Eastern Highlands Health District area

Be Well Survey* Wellness Behaviors 2008 – 2011

Do you currently smoke cigarettes?



Are you overweight for your height?



* Mid-size public sector employer in the Eastern Highlands Health District area