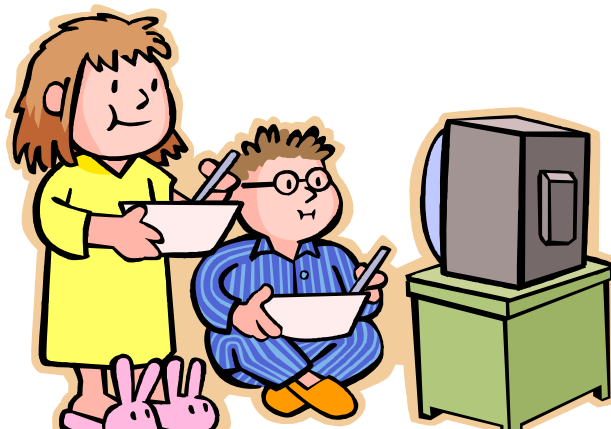


9 - 5 - 2 - 1 - 0 for Health!



**limit screen time to no
more than 2 hours each day**



www.ehhd.org/95210