

RESOURCES

MUNICIPAL RESOURCES:

Andover Social Services (860) 798-6583
Bolton Senior and Social Services (860) 647-9196
Columbia Social Services (ACCESS Agency)
(860) 450-7400 x7430
Coventry Human Services (860) 742-5324
Mansfield Human Services (860) 429-3315
Tolland Human Services (860) 871-3612
United Services (860) 774-2020
Willington Human Services (860) 487-3118

REGIONAL ACTION COUNCILS:

East of the River Action for Substance Abuse Elimination (ERASE) www.erasect.org (860) 568-4442

Southeastern Regional Action Council (SERAC)
www.sectrac.org (860) 848-2800

OTHER HELPFUL RESOURCES:

Community Health Resources
(CHR) www.chrhealth.org (877) 884-3571

CT Department of Mental Health & Addiction Services (DMHAS) www.ct.gov/DMHAS (860) 563-4086

Natchaug Hospital
www.natchaug.org (800) 426-7792; (860) 456-1311

Perception Programs, Inc.
www.perceptionprograms.org (860) 450-7122

EMERGENCY

Treatment options for someone struggling with addiction come in many options.

If you or a loved one is experiencing a life-threatening emergency, **call 911** or report to the nearest emergency room.

Day Kimball Healthcare Crisis Services - Townsend ER, 24/7

(860) 928-7503 • 320 Pomfret St, Putnam

Rockville Hospital ER 24/7

(860) 872-0501 • 31 Union St, Vernon

Manchester Memorial Hospital ER 24/7

(860) 646-1222 • 71 Haynes, St, Manchester

Windham Hospital ER 24/7

(860) 456-6715 • 112 Mansfield Ave, Willimantic



**The Opioid Epidemic:
Our Communities,
Our Concern**



SUBSTANCE ABUSE TREATMENT RESOURCES

**Department of Mental Health
& Addiction Services
1-800-563-4086**

Toll-Free 24 hours a day/7 days a week



Eastern Highlands Health District

www.ehhd.org

(860) 429-3325

TREATMENTS

MEDICATION-ASSISTED TREATMENT

There are several medications that can assist those struggling with addiction. These medications can play an important role in the treatment of the individual when combined with therapy.

RESIDENTIAL ADDICTION TREATMENT

When outpatient treatment has been unsuccessful, or when complications interfere with the possibility of treatment being successful for an individual in a community setting, residential treatment may become a consideration.

Intensive Outpatient (IOP) & Partial Hospital Program (PHP)

For individuals who need highly structured treatment, who experience a co-occurring psychiatric condition, and/or require a combination of therapy and medication in an intensive, supportive community-based setting, IOP and PHP provide a step-up from traditional outpatient services, or step-down from an inpatient hospital, detox, or residential setting, and may be an appropriate intermediate treatment option.

ACUTE INPATIENT DETOXIFICATION

In severe cases, withdrawal may require inpatient detoxification at a licensed facility, lasting anywhere from 3-7 days. Although not everyone who uses opioids meets criteria for inpatient detox, screening might be a consideration. Inpatient detox treatment can result in fast, safe and effective withdrawal, which can reduce cravings, prevent overdose, and prepare the individual to start the necessary stages of aftercare counseling

TREATMENTS RESOURCES

- **CT Department of Mental Health & Addiction Services** (DMHAS) www.ct.gov/dmhas
Inpatient Detox/Treatment Facilities
- Blue Hills Hospital- Hartford (860) 293-6400
Connecticut Valley Hospital (Merritt Hall)
- Middletown (860) 262-6321
- **Eastern Connecticut Health Network** (ECHN) www.echn.org/behavioral-health-services (860) 533-3434
- **Hockanum Valley Community Council (HVCC)** www.hvcchelps.org
Medication assisted treatment with suboxone (860) 872 -9825
- **Natchaug Hospital** www.natchaug.org/programs-services
- MATCH (Medication Assisted Treatment Close to Home) Medication assisted treatment with suboxonetreatment - (860) 456-1311
- Quinebaug Treatment Services PHP/IOP - (860) 779-0312
- Joshua Center (Child/adolescent Ambulatory) Enfield (860) 749-2243
Mansfield (860) 456-1311
Northeast - Danielson (860) 779-2101
Thames Valley - Norwich (860) 823-5320
- **Rushford**
Residential addiction treatment, IOP/PHP www.rushford.org
Middletown (877) 577-3233
Glastonbury (860)657-8910
Stonehaven - Portland (860) 342-3252
- **Southeastern Council on alcoholism and Drug Dependence** (SCADD)
Residential & outpatient programs, inpatient detox www.scadd.org (860) 886-2495
- **Stonington Institute** Partial hospitalization & outpatient programs, inpatient detox www.stoningtoninstitute.com (800) 832-1022

WALK- IN SERVICES

- **Community Health Resources**
Walk in services:
Manchester - 587 East Middle Turnpike
Mon-Fri: 10am-3:30pm
Willimantic - 433 Valley Street Tues: 8:30am-5pm
Danielson - 37 Commerce Avenue Tues: 8:30am-5pm
Assessment Line (877) 884-3571
Medication Assisted - Pathways (860) 963-4971
- **Harford Dispensary**
Walk in services:
Manchester - 335 Broad Street
(860) 643-3210 10 am - 1 pm

Willimantic - 54-56 Boston Post Road
(860) 456-7990 10 am - 1 pm
- **Perceptions Program**
Walk in services:
Danielson - 13 Water Street (860) 450-0151
Mon-Thurs: 9am-7pm Fri: 9am-2pm

Willimantic - 54 North Street (860) 450-0151
Mon-Th: 9am-7pm; Fri: 9am-5pm

Storrs Counseling Office - 1244 Storrs Rd, Storrs
For appointment call (860) 420-2450

IOP - (860) 450-7130

Residential Addiction Treatment - Perception House
(860) 450-7130
- **United Services**
Walk in service:
Danielson - 1007 N. Main Street (860) 774-2020
Mon-Thurs: 8:30am-7pm Fri: 8:30-5 pm

Willimantic - 132 Mansfield Avenue (860) 456-2261
Mon-Th: 8:30-7, Fri: 8:30-5:00